

# October 2021



**PrePrimary Lunch-\$3.00 per day: 17 hot lunches (no day care days)  
20 Lunches including day care days**

**Elementary Lunch-\$3.50 per day: 17 hot lunches (no day care days)  
20 Lunches including day care days**

**Lunches should be purchased on EZSchoolApps.com**

Soy butter & jelly sandwich or cheese sandwich may be substituted for the first item listed.

**ABSOLUTELY NO OTHER SUBSTITUTIONS OR CHANGES.**

Mon	Tue	Wed	Thu	Fri
4 chicken, cheese & rice casserole, whole wheat butter bread, broccoli, fruit yogurt, milk	5 meatloaf (beef), mashed potatoes w/ gravy, veggie, fruit, milk	6 grilled cheese, tomato soup w/alphabet pasta, fruit, milk	7 chicken & noodles, whole wheat butter bread, veggie, fruit, milk	8 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk  <b>Day Care Day</b>
11 turkey-roni, whole wheat butter bread, salad, fruit yogurt, milk  <b>Day Care Day</b>	12 hot dog (beef) on a bun, mac & cheese, veggie, fruit, milk	13 fresh made chicken nuggets, mashed potatoes w/gravy, corn, fruit, milk	14 multi-grain buttered bowtie pasta veggie medley, whole wheat butter bread, fruit yogurt, milk	15 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk
18 sausage, french toast, tater tots, fruit yogurt, milk  <b>Day Care Day</b>	19 chicken & cheese taquitos, salsa, brown rice, veggie, fruit, milk	20 turkey bacon, pumpkin pancake bites, tater tots, fruit yogurt, milk	21 pasta shells w/ meatless sauce, butter bread, salad, fruit, milk	22 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk
25 spaghetti w/meat (turkey) sauce, whole wheat butter bread, salad, fruit, milk	26 corn dog (chicken), mac & cheese, veggie, fruit, milk	27 cheese and bean quesadilla, salsa, brown rice, veggie, fruit, milk	28 turkey burger, pickles, veggie chips, fresh made applesauce, milk	29 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk

**Please Note:** Lunch items are not examined for cross contaminating food allergens such as, but not limited to, nuts, peanuts, soy, wheat, etc. Parents assume responsibility to ensure their child's safety when consuming a school lunch.