



October 2022



**PrePrimary Lunch-\$3.00 per day: 17 lunches (no day care days)
20 Lunches including day care days**

**Elementary Lunch-\$3.50 per day: 17 lunches (no day care days)
20 Lunches including day care days**

Lunches should be purchased on EZSchoolApps.com

Soy butter & jelly sandwich or cheese sandwich may be substituted for the first item listed.

ABSOLUTELY NO OTHER SUBSTITUTIONS OR CHANGES.

Mon	Tue	Wed	Thu	Fri
3 turkey-roni, whole wheat buttered bread, salad, fruit yogurt, milk	4 chicken & cheese taquitos, salsa, brown rice, veggie, fruit, milk	5 meatloaf (beef), mashed potatoes w/ gravy, veggie, fruit, milk	6 multi-grain buttered bowtie pasta veggie medley, buttered bread, fruit yogurt, milk	7 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk Day Care Day
10 chicken, cheese and rice casserole, buttered bread, broccoli, fruit yogurt, milk Day Care Day	11 tilapia, mac and cheese, veggie, fruit, milk	12 cheese and bean quesadilla, salsa, brown rice, veggie, fruit, milk	13 turkey burger, pickles, veggie chips, fresh made apple - sauce, milk	14 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk
17 spaghetti w/meat (turkey) sauce, whole wheat buttered bread, salad, fruit, milk Day Care Day	18 grilled cheese, tomato soup w/alphabet pasta, fruit, milk	19 turkey bacon, pumpkin pancake bites, tater tots, fruit yogurt, milk	20 corn dog (chicken), mac and cheese, veggie, fruit, milk	21 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk
24 chicken & noodles, whole wheat buttered bread, veggie, fruit, milk	25 hot dog (beef) on a bun, mac and cheese, veggie, fruit, milk	26 fresh made chicken nuggets, mashed potatoes w/gravy, corn, fruit, milk	27 pasta shells w/ meatless sauce, buttered bread, salad, fruit, milk	28 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk

Please Note: Lunch items are not examined for cross contaminating food allergens such as, but not limited to, nuts, peanuts, soy, wheat, etc. Parents assume responsibility to ensure their child's safety when consuming a school lunch.