



January 2023



PrePrimary Lunch \$3.00 per day: 23 hot lunches **no day care days**, 25 hot lunches **including day care days**.

Elementary Lunch \$3.50 per day: 23 hot lunches **no day care days**, 25 hot lunches **including day care days**.

Lunches should be ordered and purchased on EZSchoolApps.com

Soy butter & jelly sandwich or cheese sandwich may be substituted for the first item listed. The side dishes will be the same.

ABSOLUTELY NO OTHER SUBSTITUTIONS OR CHANGES.

Mon	Tue	Wed	Thu	Fri
<p>2 spaghetti w/meat sauce (ground turkey), buttered bread, salad, fruit, milk</p> <p><i>No School-Daycare Day</i></p>	<p>3 teriyaki chicken bites, brown rice, veggie, fruit, milk</p>	<p>4 cheese and bean quesadilla, salsa, brown rice, veggie, fruit, milk</p>	<p>5 corn dog (chicken), mac and cheese, veggie, fruit, milk</p>	<p>6 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk</p>
<p>9 chicken and noodles, buttered bread, veggie, fruit, milk</p>	<p>10 meatloaf (beef), mashed potatoes w/gravy, veggie, fruit, milk</p>	<p>11 sausage (pork), French toast, tater tots, fruit yogurt, milk</p>	<p>12 pasta shells w/meatless sauce, buttered bread, salad, fruit yogurt, milk</p>	<p>13 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk</p>
<p>16 chicken, cheese and rice casserole, broccoli, buttered bread, fruit yogurt, milk</p> <p><i>No School-Daycare Day</i></p>	<p>17 turkey bacon, pumpkin pancake bites, tater tots, fruit yogurt, milk</p>	<p>18 chicken and cheese taquitos, salsa, brown rice, veggie, fruit, milk</p>	<p>19 multi-grain buttered bowtie pasta veggie medley, buttered bread, fruit yogurt, milk</p>	<p>20 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk</p>
<p>23 turkey-roni, buttered bread, salad, fruit yogurt, milk</p>	<p>24 tilapia, mac and cheese, veggie, fruit, milk</p>	<p>25 grilled cheese, tomato soup w/alphabet pasta, fruit, milk</p>	<p>26 turkey burger, pickles, veggie chips, fresh made applesauce, milk</p>	<p>27 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk</p>
<p>30 spaghetti w/meat sauce (ground turkey), buttered bread, salad, fruit, milk</p>	<p>31 cheese and bean quesadilla, salsa, brown rice, veggie, fruit, milk</p>	<p>1 greek chicken bites, fresh made hummus w/pita chips, veggie, fruit, milk</p>	<p>2 hot dog (beef) on a bun, mac and cheese, veggie, fruit, milk</p>	<p>3 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk</p>

Please Note: Lunch items are not examined for cross contaminating food allergens such as, but not limited to, nuts, peanuts, soy, wheat, etc. Parents assume responsibility to ensure their child's safety when consuming a school lunch.