

July 2023



PrePrimary Lunch options: 18 hot lunches on the July Menu-\$3.00 per day.

Lunches should be purchased on **EZSchoolApps.com**

Soy butter & jelly sandwich or cheese sandwich may be substituted for the first item listed. The side dishes will be the same.

ABSOLUTELY NO OTHER SUBSTITUTIONS OR CHANGES.

Mon	Tue	Wed	Thu	Fri
School Closed No DayCare	School Closed No DayCare	5 fresh made chicken nuggets, mashed pota- toes w/gravy, corn, fruit, milk	6 multi-grain buttered bowtie pasta veggie medley, buttered bread, fruit yogurt, milk	7 fresh made cheese pizza, fruit w/cottage cheese, fruit yogurt popsicle, milk
10 spaghetti w/meat (ground turkey) sauce, buttered bread, salad, fruit, milk	11 greek chicken bites, fresh made hummus w/pita chips, veggie, fruit, milk	12 grilled cheese, veggie, applesauce, milk	13 chicken, cheese and rice casserole, buttered bread, broc- coli, fruit yogurt, milk	14 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk
17 chicken and noodles, buttered bread, veggie, fruit, milk	18 cheese and bean quesadilla, salsa, brown rice, veggie, fruit, milk	19 turkey bacon, pumpkin pancake bites, tater tots, fruit yogurt, milk	20 corn dog (chicken), mac & cheese, veggie, fruit, milk	21 fresh made cheese pizza, fruit w/cottage cheese, fruit yogurt popsicle, milk
24 pasta shells w/ meatless sauce, but- tered bread, salad, fruit, milk	25 sausage (pork), french toast, tater tots, fruit yogurt, milk	26 tilapia, mac and cheese, veggie, fruit, milk	27 turkey burger, pickles, veggie chips, fresh made applesauce, milk	28 fresh made cheese pizza, fruit w/cottage cheese, mini fruit muffin, milk Last Day of Summer Program

<u>Please</u> <u>Note:</u> Lunch items are not examined for cross contaminating food allergens such as, but not limited to, nuts, peanuts, soy, wheat, etc. Parents assume responsibility to ensure their child's safety when consuming a school lunch.