## September 2023

PrePrimary Lunch payment: 19 hot lunches on the September Menu- $\mathbf{\$ 3 . 0 0}$ per day, Elementary Lunch payment: $\underline{19}$ hot lunches on the September Menu- $\mathbf{\$ 3 . 5 0}$ per day Lunches should be purchased on EZSchoolApps.com

Soy butter \& jelly sandwich or cheese sandwich may be substituted for the first item listed.
The side dishes will be the same. ABSOLUTELY NO OTHER SUBSTITUTIONS OR CHANGES.

| Mon | Tue | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
| 4 <br> Labor Day School Closed (No Daycare) | 5 spaghetti w/meat sauce (ground turkey), whole wheat buttered bread, salad, fruit, milk | 6 grilled cheese, tomato soup w/pasta, fruit, milk | 7 chicken, cheese and rice casserole, whole wheat buttered bread, broccoli, fruit yogurt, milk | 8 fresh made cheese pizza, fruit w/cottage cheese, salad, mini fruit muffin, milk |
| 11 pasta shells w/ meatless sauce, whole wheat buttered bread, salad, fruit, milk | 12 fresh made chicken nuggets, mashed potatoes w/gravy, corn, fruit, milk | 13 turkey bacon, pumpkin pancake bites, tater tots, fruit yogurt, milk | 14 corn dog (chicken), mac and cheese, veggie, fruit, milk | 15 fresh made cheese pizza, fruit w/cottage cheese, salad, mini fruit muffin, milk |
| 18 chicken and noodles, whole wheat buttered bread, veggie, fruit, milk | 19 meatloaf (beef), mashed potatoes w/ gravy, veggie, fruit, milk | 20 chicken and cheese taquitos, salsa, brown rice, veggie, fruit, milk | 21 buttered bow tie pasta veggie medley, whole wheat buttered bread, fruit yogurt, milk | 22 fresh made cheese pizza, fruit w/cottage cheese, salad, mini fruit muffin, milk |
| 25 turkey-roni, whole wheat buttered bread, salad, fruit yogurt, milk | 26 teriyaki chicken bites, brown rice, veggie, fruit, milk | 27 hot dog (beef), on a bun, mac and cheese, veggie, fruit, milk | 28 turkey burger, pickles, veggie chips, fresh made applesauce, milk | 29 fresh made cheese pizza, fruit w/cottage cheese, salad, mini fruit muffin, milk |

Please Note: Lunch items are not examined for cross contaminating food allergens such as, but not limited to, nuts, peanuts, soy, wheat, etc. Parents assume responsibility to ensure their child's safety when consuming a school lunch.

